

Feels good to start.

Easy to understand.

Wellbeing that feels personal to employees.
And transparent for HR.

Employee / personal feedback **HR** / anonymous overview



The intention is already there.



But can you see what happens after it?

82%

Employers already invest in wellbeing,
or plan to within three years.



Willis Towers Watson · employer survey

45%

Almost half of Europeans do not
exercise regularly at all.

European Commission ·
Eurobarometer

And the impact?

Attendance sheets exist.

Meaningful feedback is rare.

Based on our conversations so far

Motivation does not fade because people are lazy.

Four obstacles. Four anchors.

No feedback



Your own trend

Too generic



One concrete next step

Hard to do alone



A shared rhythm

Too many tools



One phone is enough

One minute of attention.

A better daily routine can start here.

02

It gives employees something useful too.

Personal feedback becomes a shared rhythm.

01

Measure

Camera-based, just over a minute.
No new device.

02

Habit

One next step.
Adjusted to your own trend.

03

Community

Teams and challenges.
No need to do it alone.

One phone. One minute.

The camera image stays on the phone.

03 / 03

Processed locally

The recording is not saved. We only work with the calculated values.



EMPLOYEE APP

A telefon kamerája leolvassa a pulzusod, a légzésed és a stresszszinted. Bő egy percig tart. A kép nem hagyja el a telefont — a mérésről viszont technikai jelentés megy hozzánk (jelminőség, fény, a telefon adatai), hogy javítani tudjuk.

ÍGY SIKERÜL A LEGJOBBAN



Jó fény

Természetes fény a legjobb, szemből. Háttal az ablaknak ne mérj.



Támaszd meg a telefont

Tedd neki valaminek, vagy legalább támaszd meg a könyököd. Ha végig a kezekben tartod, a karod megdolgozik tőle, és a pulzusod feljebb megy — a mérés pedig azt fogja mutatni.



Nyugalom

Ülj le pár perccel előtte, és amíg tart, ne beszélj. Ha siettél vagy cipekedtél, várj pár percet — a felpörgött pulzus torzítja a

A number helps when you understand it.

Personal feedback, adjusted to your own rhythm.

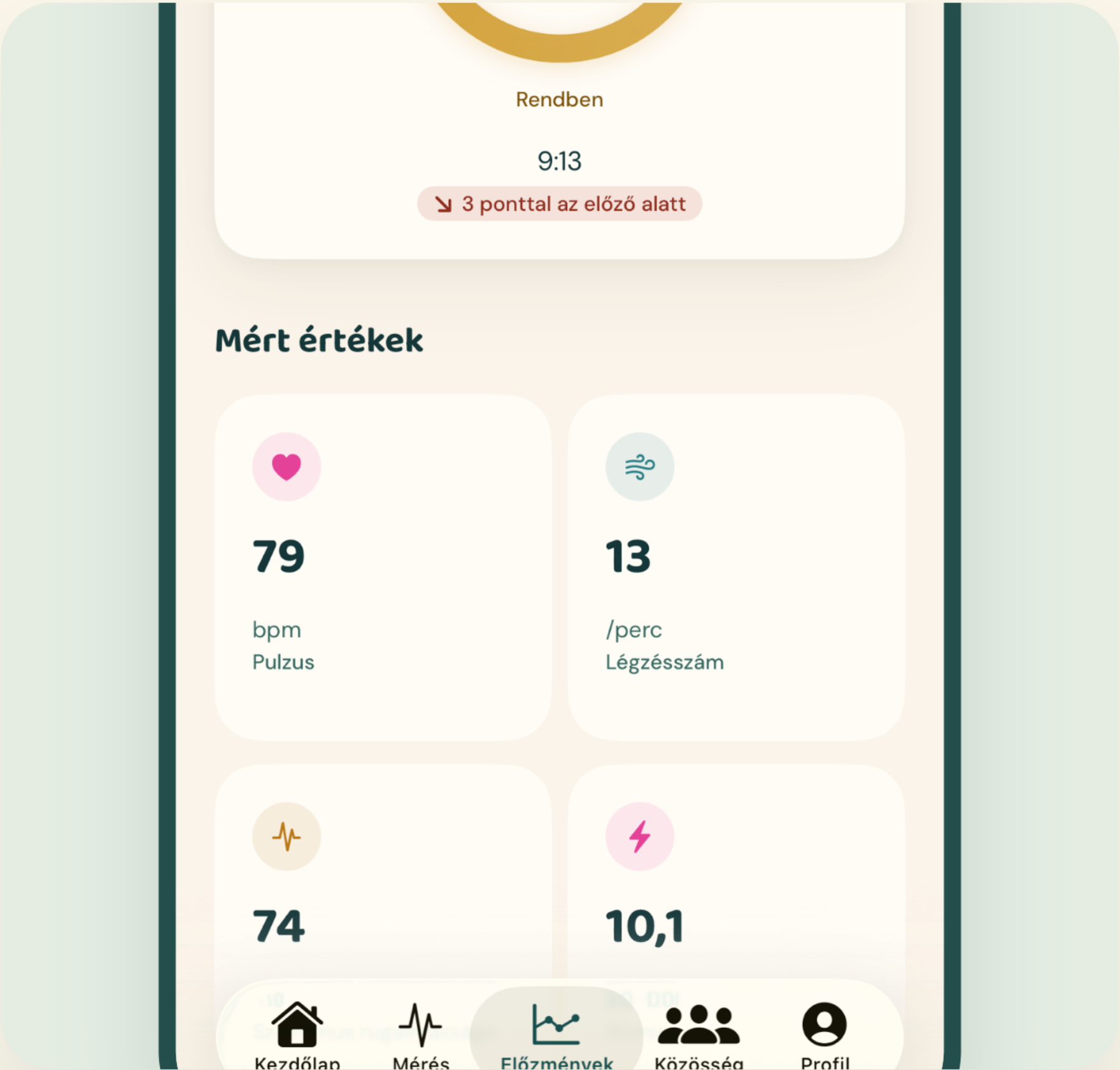
03 / 03

The values explain themselves

What does it measure? What affects it? What range is normal?



EMPLOYEE APP



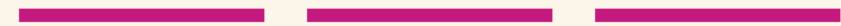
The routine does not pressure you.

One next step. Day by day.

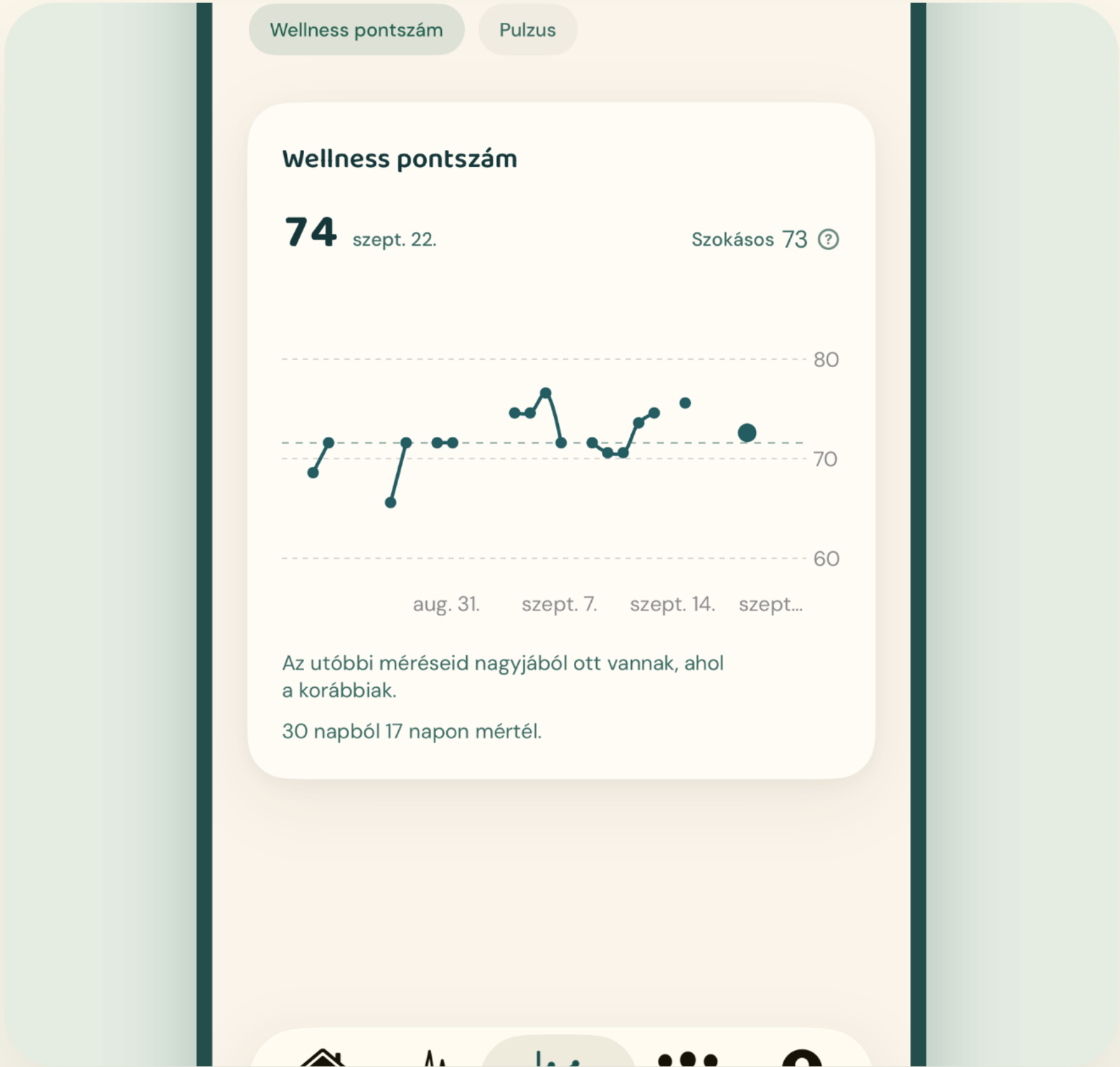
03 / 03

No performance policing

Wellbeing is not performance evaluation.



EMPLOYEE APP



Personal. But not lonely.

We build on the company's existing community.

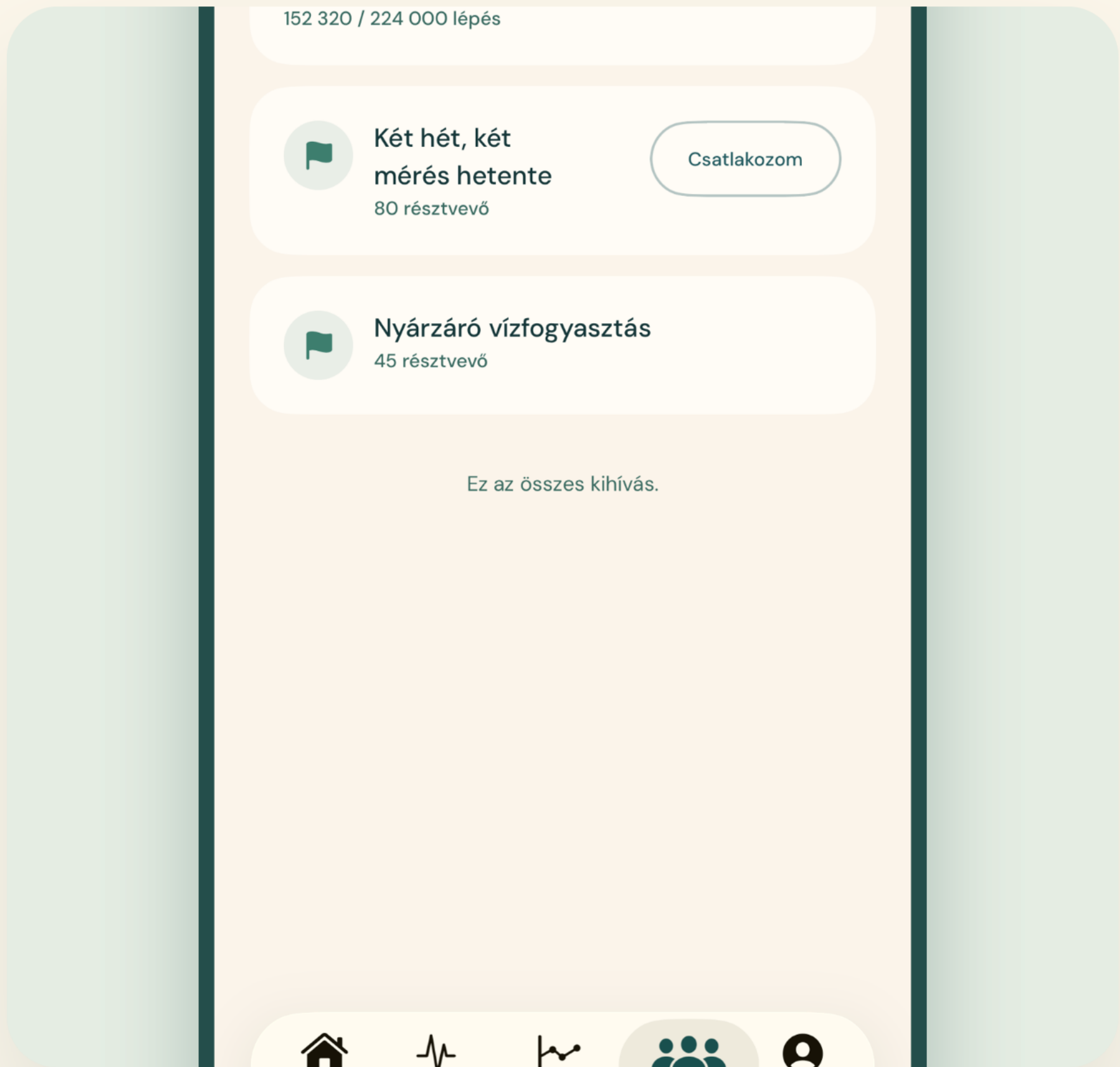
03 / 03

Closed feed

Content stays inside the organization.



EMPLOYEE APP



Digital progress becomes tangible.

Rewards tailored to the company brand.

01

Apparel

T-shirts and hoodies.
Sports and fitness wear.

02

Everyday items

Mugs and sports bottles.
Power banks.

03

Accessories

Caps and bags.
Sunglasses.

These rewards can be created.

Custom production, from artwork to finished product.

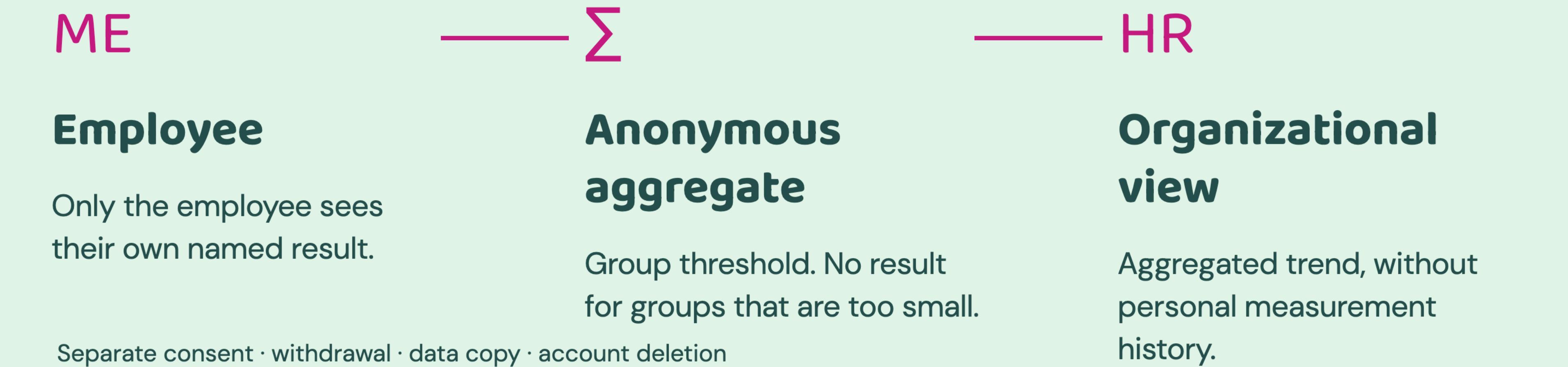


Trust is part of the product.

Not a footnote.

"Will my manager see this?"

Only the employee sees named personal results. HR sees an anonymous overview.



Fewer data points. More meaning.

A few signals that show whether the program is alive.

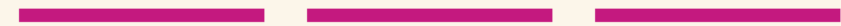
You can see whether the program is alive.

Participation, change, teams – in one view.

03 / 03

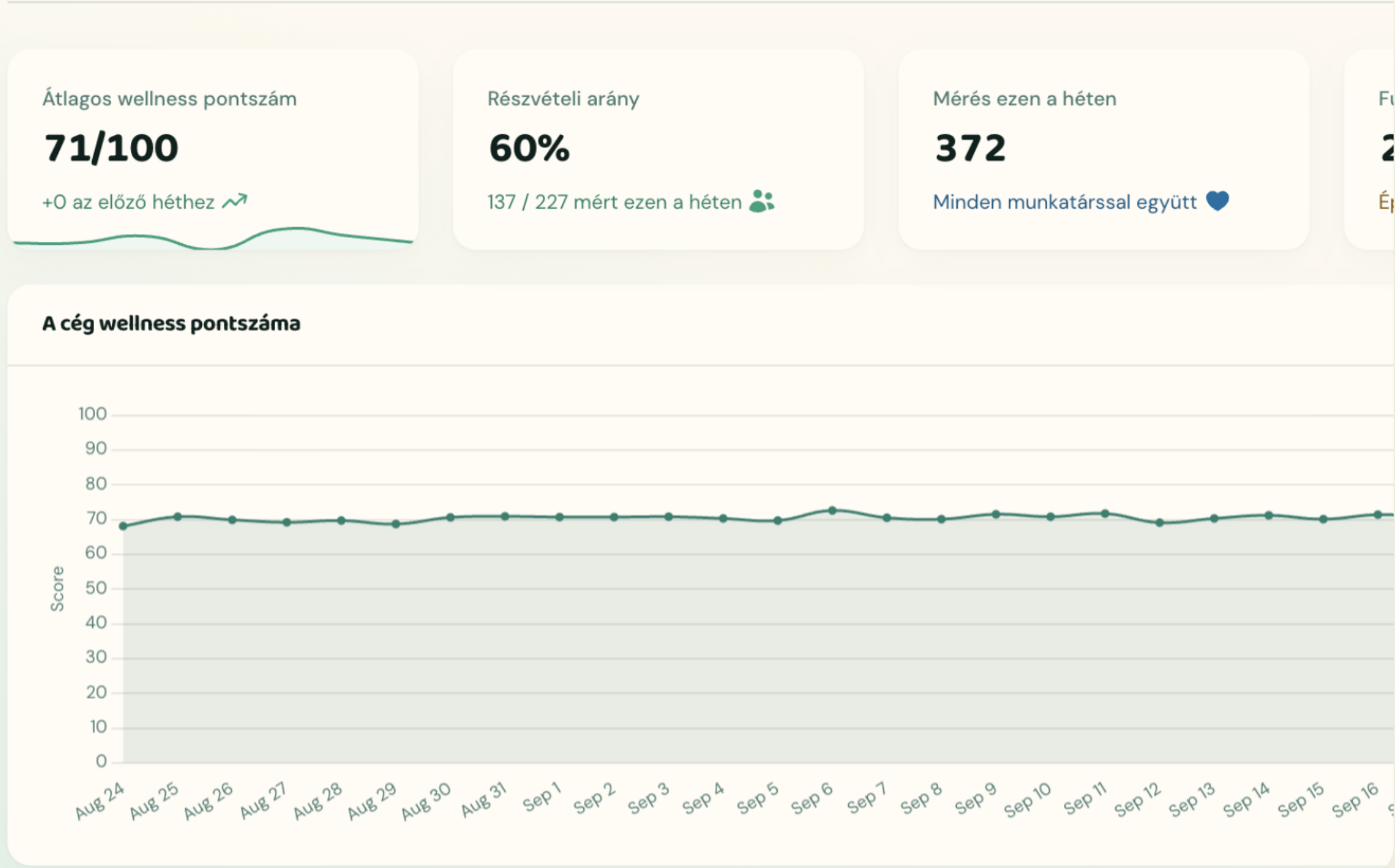
Departments side by side

Where is there momentum, and where is more attention needed?



HR INTERFACE

vezerlöpöl



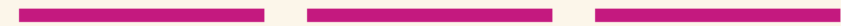
Behind the overview, there is detail.

Thirty days at a 227-person manufacturing company.

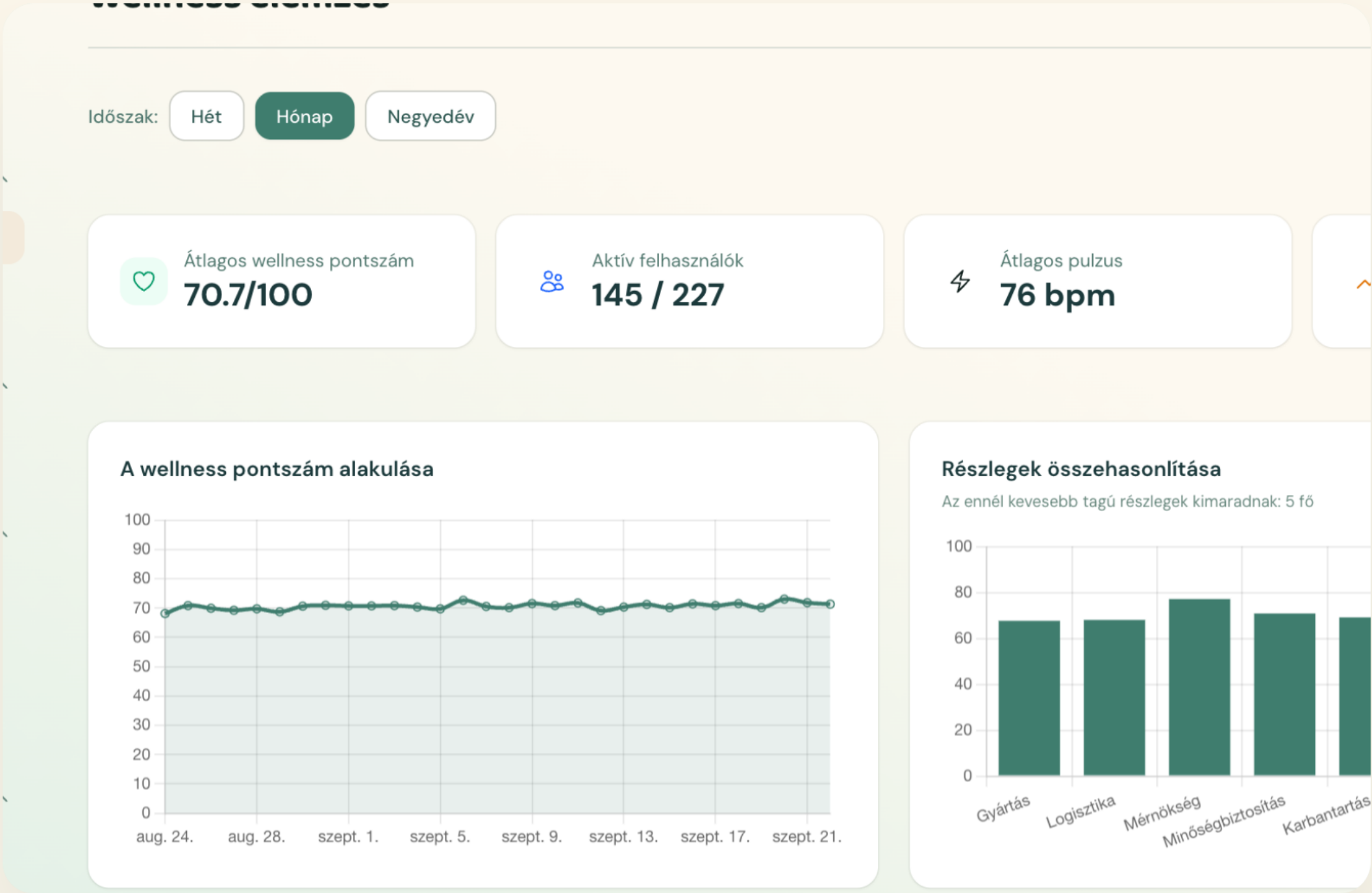
03 / 03

Decide from your own data

Exportable XLSX, permission-controlled and logged.



HR INTERFACE



After the chart comes the interpretation.

What changed? What stands out? What should happen next?

03 / 03

Anonymity threshold

Groups under five people are excluded from analysis.

HR INTERFACE



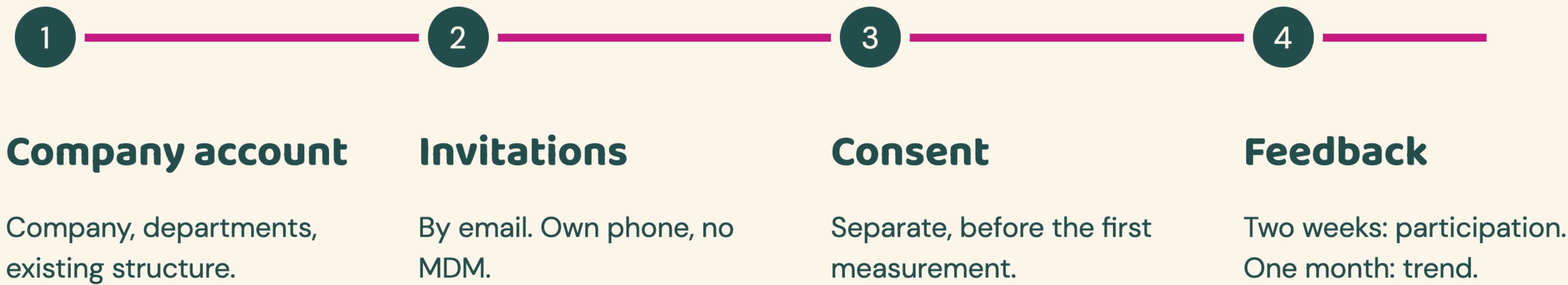
We start small.

05

Decide from your own experience.

Four steps. A clean start.

Own phones, without a big IT project.



From you: a list, HR contact, and shared goal. From us: system, launch materials, and evaluation.

One department. Three months.

Shared questions. Decisions from your own data.

50–250

people, one department

A meaningful organizational view while keeping the anonymity threshold.

3

months

Monthly feedback and a shared final evaluation.

1

shared decision

Based on participation, retention, score, and distribution.

You decide whether to continue. If this is not the direction: data export and account closure.

Let's look at it together.

Live app demo. One suitable department.
Shared questions and a concrete pilot frame.

hello@wellenced.app ↗

45

MINUTE WORKSHOP

Thank you!

Let's talk about your team.

hello@wellenced.app ↗

